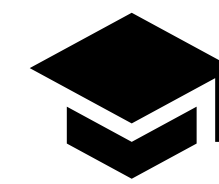




Dr. John  
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Learning  
Center

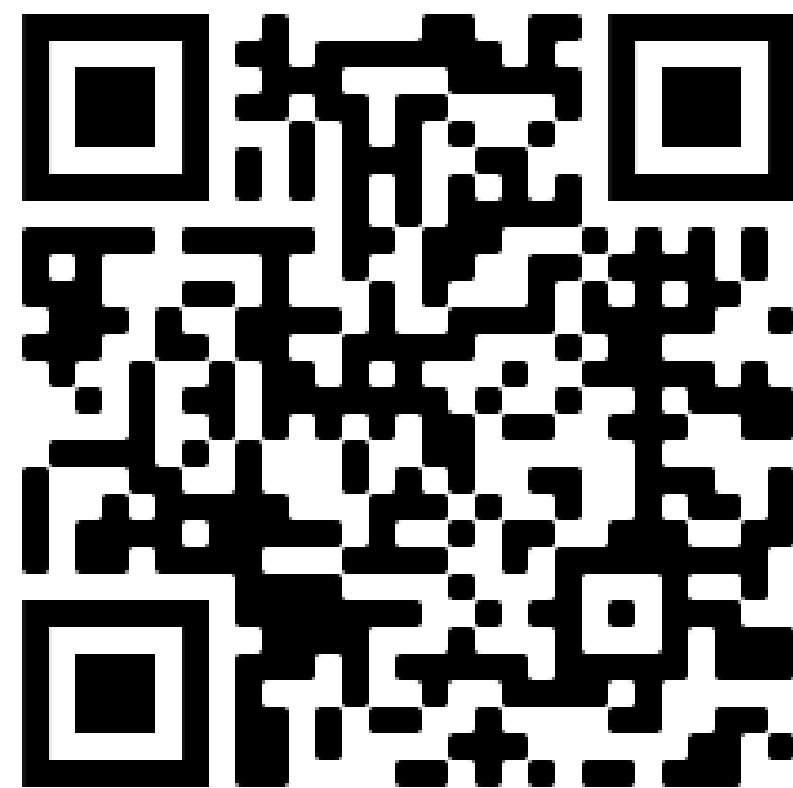


Dr. John  
Burke  
Learning  
Center

**GRADUATE  
CREDIT  
AVAILABLE!**

## Contact Us

316.554.2331  
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Secretary Ashleigh Taylor  
astaylor@usd261.com



150 Stewart Ave  
Haysville, KS 67060

# ADULT MENTAL HEALTH FIRST AID

WEDNESDAY,  
OCTOBER 2, 2024

USD261 does not discriminate on the basis of race, color, national origin, age, sex, disability, or military status, in admission or access to, or treatment or employment in its programs and activities. Any person having inquiries concerning Haysville Public School's compliance with the regulations may contact the Assistant Superintendent for Personnel, Gillian Macias, 1745 W. Grand, Haysville, KS 67060, 316-554-2200.

# Workshop Description

Mental Health First Aid teaches:

- Information on depression, anxiety, trauma, psychosis, and substance use.
- A 5-step action plan to help someone developing a mental health concern or in crisis.
- Available evidence-based professional, peer, and self-help resources.

Mental Health First Aid is listed in the Substance Abuse and Mental Health Services Administration's National Registry of Evidence-Based Programs and Practices. Studies show that individuals trained in the program increase their knowledge of signs, symptoms and risk factors of mental illness and addictions; can identify multiple types of professional and self-help resources for individuals with a mental illness or addiction; increase their confidence in and likelihood to help an individual in distress; and show reduced social distance to individuals with mental illnesses.

The Adult Mental Health First Aid course is appropriate for anyone who wants to learn how to help adults who may be experiencing a mental health crisis or concern.

## Presenter Details

### COMCARE:

This course is delivered by certified Mental Health First Aid USA instructors who complete a 5-day training and meet certification requirements.

**Date:** October 2, 2024

**Time:** 8:00 am - 5:00 pm

**Location:** Dr. John Burke Learning Center

**Cost:** \$100 Out of District  
Free to Haysville USD261 Staff

**Payable To:** Dr. John Burke Learning Center, USD261

**GRADUATE  
CREDIT  
AVAILABLE!**

**Registration Deadline:  
September 25, 2023**



**Register Now**

[www.usd261.com/learningcenter](http://www.usd261.com/learningcenter)

